

March 3, 2026

Dear Friend of the BC,

The FDA issued an Advisory Letter in connection with my Dr. Aardsma's Anti-Aging Vitamins Dietary Supplement on July 24, 2025. This Advisory Letter has now been made public on the FDA website.

At issue are the two previously unknown vitamins which make up Dr. Aardsma's Anti-Aging Vitamins Dietary Supplement. These new vitamins are in no way harmful to health. They are, in fact, essential to health.

Both new vitamins were discovered by me roughly a decade ago. Both have subsequently been patented by me.<sup>1</sup> My wife and I (and many others besides) take this dietary supplement, as directed on the bottle, every day.

I filed the required NDIN paperwork for these two vitamins with the FDA soon after their discovery. I have been in contact with the FDA since July 7, 2017, but I have had little to no meaningful response from them. I responded to the Advisory Letter, again with no response. The FDA appears to lack the interdisciplinary expertise and scholarly depth needed to rightly evaluate these anti-aging vitamins. Its present attack on these vitamins is a national embarrassment and disgrace. Over 6000 U.S. citizens die of aging every day. The FDA should not be on the side of aiding and abetting this now unnecessary loss of life.

The Advisory Letter has wrongly categorized my supplement as a drug.

Various claims and statements made on your websites and/or in other labeling establish that these products [*sic*] are drugs as defined in 21 U.S.C. § 321(g)(1)(B) because they are intended for the treatment, cure, mitigation, or prevention of disease.

Vitamins are, by the legislative statute in question, excluded from the drug category. Both of these new vitamins satisfy the FDA definition of a vitamin. Saying that a vitamin is intended for the treatment, cure, mitigation, or prevention of disease does not make that vitamin a drug. All vitamins treat, cure, mitigate, and prevent disease. The two newly discovered anti-aging vitamins are no different from any other vitamin in this respect. And, *all* vitamins are excluded from the drug category. The FDA has, in fact, no jurisdiction for their present action.

Please be assured that I will continue to do all that I can to make Dr. Aardsma's Anti-Aging Vitamins Dietary Supplement available to you for the treatment, cure, mitigation, and prevention of aging disease.

Sincerely,  
Gerald E. Aardsma, PhD

P.S. Here are two freely available resources should you wish to dig deeper.

1. BC MESSENGER podcast: "Two New Vitamins Walked Into the FDA"  
[www.biblicalchronologist.org/store/archives/BCM\\_November\\_2025.html](http://www.biblicalchronologist.org/store/archives/BCM_November_2025.html)
2. FDA JOURNAL diary:  
[www.biblicalchronologist.org/products/FDA\\_Journal.php](http://www.biblicalchronologist.org/products/FDA_Journal.php)

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<sup>1</sup> "Compositions and methods for treating aging and/or improving human health" (U.S. Patent No. 11,596,166, issued December 15, 2020), and "Methylphosphinic acid compositions and methods for reducing aging" (U.S. Patent No. 11,458,150, issued October 4, 2022).